

October Half Term Rugby Camp

Elite Rugby Coaching Clinics are excited to announce the **2025 October Half Term Rugby Camp for students in Years 6 - 9 (U11-14 as of Sept 2025)**.

The course will be appropriate for all abilities. Ideal for total beginners that wish to develop their knowledge and understanding for the sport, right through to the more experienced players that wish to refine their skills before the start of the season. This programme will promote and develop an array of core/advanced skills required in today's modern game. This will ensure the best possible chance to further personal development as well as maximising each individual's skill set for the new season.

The camp will provide organised, educational, inclusive and structured activities, utilising a team of experienced RFU qualified coaches led by Mr B McNamee. Coaches will pass on expert advice and professional tips, creating a fun and enjoyable environment. Individuals can expect to cover content specific to their age group ensuring the best possible chance to further personal development on and off the field.

The focus of the camp will be principles of play to improve decision making and game understanding through adaptive game play. We will always provide gradual progressions of all techniques and skills reinforcing the player centred approach. Furthermore, each participant will be provided detailed feedback reinforcing their strengths and highlighting areas of their game that may require particular focus.

An overview of the training camp

AM	9.30am	Registration	
	9.35am – 10.00am	Warm Up	Activate; Ball Familiarisation
	10.00am – 10.30am	Session 1	Fundamental Movements; SAQ
	10.30am – 11.00am	Session 2	Decision making; Ball Distribution Skills
	11.00am – 11.10am	Break	
	11.10am – 11.40am	Session 3	Principles of Defence
	11.40am – 12.10pm	Session 4	Principles of Attack; Continuity Skills
LUNCH	12.15pm – 1.00pm	Lunch	
PM	1.00pm – 1.30pm	<i>Transferable Skills Game</i>	
	1.30pm – 2.00pm	Session 5	Tackle Technique / Managing Contact
	2.00pm – 2.25pm	Session 6	Principles of Play
	2.25pm – 2.55pm	Session 7	Showcase Games; Game Play
	2.55pm – 3.00pm	Conclusion	Review and Player Debrief

DETAILS:

Age: Yr.6 (U11); Yr. 7 (U12); Yr. 8 (U13); Yr. 9 (U14);

Time: 09.30am – 15.00pm

Cost: £25 - 1 day; £45 - 2 days;

10% Sibling Discount Off Total Booking Fee

Date/Venue:

- Tues 28th October @ **Richard Hale School**
- Wed 29th October @ **Richard Hale School**

Yours Sincerely,

Brett McNamee

Please reply by completing this parental consent form no later than 20th October

No. of days Attending	Day 1 – Tue (28/10)	Day 2 - Wed (29/10)
Venue	Richard Hale	Richard Hale
Please tick		

Name

Year/Age Group (as of 25/26)

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DOB

Parent/Guardian Name	Parent/Guardian Email address
Home Contact Number	Mobile Contact Number
Medical Conditions (if any)	
Emergency Contact Name	Emergency Contact Number

Consent: I give consent for my child/children to take part in the Elite Rugby Coaching Clinics and agree to pay the course fee in advance.

Please Print Name	Signed	Date
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WHAT TO BRING:

- Suitable sportswear clothing
- Boots and trainers
- Mouthguards
- Packed Lunch
- Water Bottle

CONTACT DETAILS

✉ - info@RuggerRooz.co.uk



www.facebook.com/eliterugbycc/



@eliterugbycc

MISCELLANEOUS - Medication; Sun cream etc.

IMPORTANT INFO – Please complete one of the following booking methods with payment

- BACS: Elite Rugby Coaching; £..... Acc No. 71196846; Sort Code. 60-22-32; REF (Childs Name)

Scan the QR code to complete an online booking form
alternatively email consent form/details by photo
screenshot.



Booking Conditions

1. Payment constitutes your acceptance of the booking conditions.
2. On receipt of this form a booking confirmation/information letter will be emailed to you.
3. The camps are run on a first come first served basis and are subject to availability. In the case of your booking form not being accepted, we shall offer you a full refund. Bookings made less than a week before the camps start may not be accepted.
4. If you do need to cancel your booking, you must inform us immediately. All cancellations will be acknowledged by us and are subject to the following cancellation terms: 20+ days - full refund, less than 20 days - 50% refund, on or after the start date - no refund.
5. Neither Elite Rugby, the School nor any person involved with the organisation of the Elite Sports Coaching Clinics;
 - accepts liability for the personal injury of any participant unless caused by its negligence.
 - will be responsible for any losses or additional expenses incurred by any participant or their parents or guardians due to injury or sickness whilst at a rugby camp due to weather or any other causes beyond their control.